Oral Health Interventions for Adults with Alzheimer’s Disease

After reading Jablonski’s *Maturation of The MOUTh* *Intervention* article, use the chart below to choose a strategy and demonstrate ways to use this strategy in caring for an adult with Alzheimer’s disease.

* Jablonski-Jaudon, R.A., Kolanowski, A.M., Winstead, V., Jones-Townsend, A. M., & Azuero, A. (2016). Maturation of the MOUTh intervention: From reducing threat to relationship-centered care. *Journal of Gerontological Nursing, 42*(3),15-23. doi: 10.3928/00989134-20160212-05

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| **Strategies** | **Recommended Intervention** | **Student Intervention** |
| Overall Approach | * Approach from the side (at or below eye level if sitting down or reclining in bed). * Approach in an unhurried manner |  |
| Establishing Rapport | * Start with positive communication for social interaction and positive emotional experience |  |
| Judicious Touch | * Use gentle and nonthreatening touch |  |
| Priming | * Prompt access to related memories |  |
| Gestures and Pantomime | * Use simple gestures |  |
| Cueing | * Give one-step requests |  |
| Avoiding Elderspeak | * Avoid high-pitched sing-song similar to baby talk |  |

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| **Strategies** | **Recommended Intervention** | **Student Intervention** |
| Chaining | * Initiate mouth care activities |  |
| Bridging | * Combine priming and distraction strategies |  |
| Distraction | * Attempt to provide another focus of attention (singing) |  |
| Hand-Over-Hand | * Place hands over those of the older adult and guide him/her with specific mouth care activities |  |
| Mirror-Mirror | * Stand behind the resident while facing a mirror |  |
| Rescuing | * Replace one unsuccessful strategy with a different strategy |  |