PATIENT CHART

Chart for Lois Gardner Simulation 2

This simulation is somewhat different than those you may have experienced in the past. While you will be caring for both the patient and the caregiver, the focus of the simulation is the caregiver.

Download this tool and attach to chart:

The Modified Caregiver Strain Index

<https://hign.org/sites/default/files/2020-06/Try_This_General_Assessment_14.pdf>

SBAR Report Students Will Receive Before Simulation

**Time:** 1200

**Person providing report:** RNcase manager from home care agency

**Situation:** Lois Gardner is a 75-year-old female we will be seeing monthly for assessment and medication management. She lives in retirement housing with her husband Phil, who is her caregiver. This will be our first visit.

**Background:** Mrs. Gardner is a previous smoker and has a history of COPD and CHF. She had an MI at age 51 and was hospitalized for pneumonia 6 months ago. She was seen in the ED last week for an episode of angina, treated with nitroglycerin. Her ECG was normal, and she was sent home. Her home medications include metoprolol, atorvastatin, aspirin, and her inhalers – albuterol, salmeterol, and tiotropium bromide. Nitroglycerin is as needed for chest pain.

Her husband reports that she has become extremely confused and forgetful over the past year and a half and requires help with medications and other tasks. This seems to have worsened since her hospitalization for pneumonia 6 months ago. Dr. Wong referred Lois to neurology after that hospitalization and she was diagnosed with “non-specific dementia,” probably vascular. Her husband takes care of most of the household duties. The ED nurses reported that he seemed overwhelmed with his responsibilities, and with determining the extent of her chest pain. She was unable to describe to him exactly what was going on and how severe it was.

**Assessment:** Mrs. Gardner was stable upon discharge from the ED. She is continued on her home meds, which include nitroglycerin PRN for chest pain. Her husband needs support and encouragement. He has not sought any assistance from family members or outside agencies.

**Recommendation:** Assess safety of the home. Review medication administration and management. Assess how Phil is dealing with his increased caregiving role using the Modified Caregiver Strain Index. Discuss with Phil options for assistance with his wife’s care.

Provider Orders

**Allergies/Sensitivities:** Penicillin

|  |  |
| --- | --- |
| **Date/Time:** |  |
|  | Home Health Agency Visit: Assess medication compliance and other needs |
|  | Medications:  metoprolol tartrate: 25 mg orally twice daily  atorvastatin 20 mg orally once daily  aspirin 81 mg orally once daily  salmeterol inhaler 1 inhalation (50 mcg) twice daily  tiotropium bromide handihaler 2 inhalations of one capsule contents (18 mcg) once daily  PRN:  nitroglycerin: 0.4 mg tablets, one tablet sublingual as needed for chest pain, repeat every 5 minutes up to 3 doses total  albuterol metered dose inhaler: 180 mcg (2 puffs) inhaled PO every 4-6 hours as needed for wheezing or dyspnea  Jenna Wong, MD |

Nursing Notes

|  |  |
| --- | --- |
| **Date/Time:** |  |
|  | Patient is a 75-year-old female we will be seeing monthly for assessment and medication management. She lives in retirement housing with her husband Phil, who is her caregiver. This will be our first visit. Need to assess home and medication safety. Also evaluate caregiver’s coping and need for support.  Trina Wells, RN, Patient Care Manager |

Home Safety Assessment

|  |  |  |
| --- | --- | --- |
|  | **Yes** | **No** |
| Floor free of clutter? |  |  |
| Throw rugs or other trip hazards present? |  |  |
| Medications properly labeled? |  |  |
| Fire hazards? (candles, electrical concerns, space heaters, smoking in or near sleeping area, clutter in kitchen near stove?) |  |  |
| Assistive device present and used? |  |  |
| Adequate lighting for safe movement? |  |  |
| Home free of visible pests? (insects, mouse droppings, etc.) |  |  |
| Possible food hazards (food needing refrigeration left out) |  |  |
| Other concerns: |  |  |