Performing Oral Health Assessments on Aging Patients

Teaching Strategy

Overview of Teaching Strategy

Oral health assessment for older adults is directed at integrating oral health into overall health. Students will determine plans to ensure that older adults receive oral health care.

Learning Objectives

Students will:
- Develop interprofessional and oral health skills with older adults.
- Assess oral health in older adult.
- Describe the role of the nurse when providing oral health care to older adults.

Learner Pre-Work


Have students read the following article, which offers an educational and clinical innovation designed to promote interprofessional oral health workforce capacity:


Ask the students to pay special attention to the framework, which provides a guide for assessment of oral health for older adults.

Suggested Learning Activity:
Utilizing the Caries Management by Risk Assessment (CAMBRA) Age > 6 form and the Oral Health Delivery Framework, ask the students to assess their older adult patients for oral health. Students can do this assessment in both acute and long-term care settings.
Student will implement Oral Health Delivery framework in caring for older adult

ASK – about oral health of older adult using the Oral Health Risk Assessment Caries Management by Risk Assessment (CAMBRA) Age > 6

LOOK – perform an oral health exam on the older adult using HEENOT and the Smiles for Life Module 7
- List the important points to look for in the oral physical examination (HEENOT):
  - Lips, tongue, mucous membranes, teeth

DECIDE your nursing diagnosis for the oral health needs of the older adult in the community.
- Develop a patient-centered management plan that includes oral health interventions.
- Develop a risk profile that includes oral and oral-systemic health problems.
- List potential problems.

ACT – Name three preventive oral health interventions you will implement.
List two oral health referral sources in the community for the older adult.

DOCUMENT – Student will document oral health assessment.

Suggested Reading


Centers for Disease Control and Prevention Aging Publications
The above link provides information and statistics regarding chronic disease and wellbeing of older adults.


ConsultGeri.org, the website of the Hartford Institute for Geriatric Nursing at New York University’s College of Nursing, contains many evidence-based assessment tools. Those listed
below from the *Try This:* and *How to Try This* series are particularly recommended for the content on geriatric syndromes. The tool, an article about using the tool, and a video illustrating the use of the tool, are all available for your use. The SPICES tool is listed first, since it is an overall assessment tool.

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