

# Performing Oral Health Assessments on Aging Patients Teaching Strategy

## Overview of Teaching Strategy

Oral health assessment for older adults is directed at integrating oral health into overall health. Students will determine plans to ensure that older adults receive oral health care.

## Learning Objectives

Students will:

- Develop interprofessional and oral health skills with older adults.
- Assess oral health in older adult.
- Describe the role of the nurse when providing oral health care to older adults.

## Learner Pre-Work

This teaching strategy incorporates the [ACE.S Essential Nursing Actions](#): Assess Function and Expectations, Coordinate and Manage Care, and Make Situational Decisions. The strategy utilizes the Smiles for Life curriculum from the Society of Teachers of Family Medicine. Access the Smiles for Life Curriculum at <http://www.smilesforlifeoralhealth.org>.

Have students read the following article, which offers an educational and clinical innovation designed to promote interprofessional oral health workforce capacity:

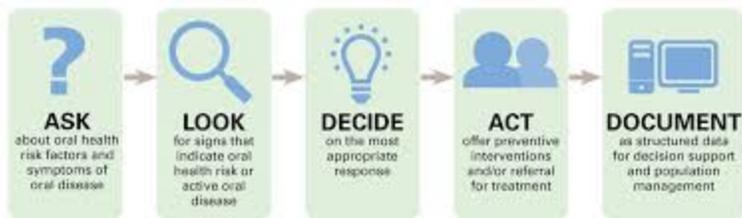
Haber, J., Hartnett, E., Allen, K., Hallas, D., Dorsen, C., Lange-Kessler, J., ... Wholihan, D. (2015). Putting the mouth back in the head: HEENT to HEENOT. *American Journal of Public Health*, 105(3), 437-441. Retrieved from <http://ajph.aphapublications.org/doi/full/10.2105/AJPH.2014.302495>

Ask students to read the Caries Management by Risk Assessment Oral Health delivery Framework: <http://www.safetynetmedicalhome.org/sites/default/files/oral-health-delivery-framework.pdf>

Ask the students to pay special attention to the framework, which provides a guide for assessment of oral health for older adults.

Suggested Learning Activity:

Utilizing the [Caries Management by Risk Assessment \(CAMBRA\) Age > 6](#) form and the [Oral Health Delivery Framework](#), ask the students to assess their older adult patients for oral health. Students can do this assessment in both acute and long-term care settings.



**Student will implement Oral Health Delivery framework in caring for older adult**

**ASK** – about oral health of older adult using the Oral Health Risk Assessment [Caries Management by Risk Assessment \(CAMBRA\) Age > 6](#)

**LOOK** – perform an oral health exam on the older adult using [HEENOT](#) and the [Smiles for Life](#) Module 7

- List the important points to look for in the oral physical examination (HEENOT):
- Lips, tongue, mucous membranes, teeth

**DECIDE** your nursing diagnosis for the oral health needs of the older adult in the community.

- Develop a patient-centered management plan that includes oral health interventions.
- Develop a risk profile that includes oral and oral-systemic health problems.
- List potential problems.

**ACT** – Name three preventive oral health interventions you will implement.

List two oral health referral sources in the community for the older adult.

**DOCUMENT** – Student will document oral health assessment.

## Suggested Reading

Hunt, R. (2012). Health promotion and disease and injury prevention for older adults. Introduction to Community-Based Nursing. Philadelphia, PA: Wolters Kluwer.

[Centers for Disease Control and Prevention Aging Publications](#)

The above link provides information and statistics regarding chronic disease and wellbeing of older adults.

Jablonski, R. A., Therrien, B., & Kolanowski, A. (2011). No more fighting and biting during mouth care: Applying the theoretical constructs of threat perception to clinical practice. *Research and Theory for Nursing Practice*, 25(3), 163-175. doi:10.1891/1541-6577.25.3.163

Hummel, J., Phillips, K. E., Holt, B., & Hayes, C. (2015). Oral health: An essential component of primary care. Qualis Health. Retrieved from <http://www.safetynetmedicalhome.org/sites/default/files/White-Paper-Oral-Health-Primary-Care.pdf>

[ConsultGeri.org](#), the website of the Hartford Institute for Geriatric Nursing at New York University's College of Nursing, contains many evidence-based assessment tools. Those listed

below from the *Try This:* and *How to Try This* series are particularly recommended for the content on geriatric syndromes. The tool, an article about using the tool, and a video illustrating the use of the tool, are all available for your use. The SPICES tool is listed first, since it is an overall assessment tool.

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