

## Conference Brochure (EXAMPLE)

Community College of Philadelphia  
Department of Nursing

### Geriatric Nursing Conference: Evidence in Practice

Keynote Speaker: Elaine Tagliareni, EdD, RN, CNE, FAAN  
Friday, April 23, 2010

#### Conference Program

- 7:30-7:45      Registration and Welcome
- 7:45-8:20      Keynote Speaker Dr. Elaine Tagliareni – “Leadership: The Importance of Using Evolving Knowledge in Clinical Decision Making”
- 8:30-9:15      Concurrent Sessions\*
- S2-3      “WHEN GOOD TIMES GO BAD”: IATROGENESIS  
XXX Medical Center: Names of Students, Carol Moriarity, Instructor  
Iatrogenesis: any unintentional effect that a client suffers as a result of a healthcare encounter. This presentation will demonstrate how negligence and the adverse effects of diagnostic, therapeutic and prophylactic procedures have contributed to increased hospital admissions and complications, including decreased life expectancy.
- S2-A      DEMENTIA: DOES IT HAVE TO HURT?  
XXX Medical Center: Names of Students, Patricia Kline, Instructor  
The focus of this presentation is the abuse of clients with dementia. The research provides evidence that elder abuse exists and is common among geriatric clients with dementia. This presentation will examine the use of evidence-based practice to facilitate proper treatment as well as ways to limit the frequency of abuse.
- S2-B      A JOURNEY THROUGH CHANGE: AGING  
XXX Medical Center: Names of Students, Martina Russell, Instructor

People are living longer than in past generations. The increase in longevity leads to experiencing more age related changes. Using research this presentation will focus on changes affecting the geriatric community including how those changes impact the lives of the elder population in today's society.

**S2-C HEART DON'T FAIL ME NOW**

XXX Medical Center: Names of Students, Amy Burckhardt, Instructor  
Heart failure results in approximately 300,000 deaths each year. Based on research grounded in ACC/ASA 2005 guidelines for managing the stages of heart failure, this presentation will examine nursing assessments and interventions, including exploring the nurse's role in risk reduction and the progression of heart failure.

9:15-9:30 Break

9:30-10:15 Concurrent Sessions

**S2-3 GO GENTLY INTO THAT DARK NIGHT: PALLIATION**

XXX University Hospital: Names of Students, Anne Marie Costello, Instructor  
Palliative care strives to achieve the best possible care for clients and their loved ones facing a terminal illness. An interdisciplinary approach is required. This presentation will focus on palliative needs, physical treatments, psychosocial issues, and the spiritual dilemmas of those in the last stage of life.

**S2-A ARE WE WHAT WE EAT? NUTRITION**

XXX University Hospital: Names of Students, Joan Della Rocca, Instructor  
People are living longer and healthier lives. A major goal of our health system is to maintain health and prevent chronic problems related to nutrition in the aging population. This presentation will focus on dietary needs, screening tools, nutritional education, lifestyle changes and the prevention of malnutrition in geriatric clients.

10:15-11:15 Concurrent Sessions

**S2-B RESTRAINTS: IS THERE AN OPTION?**

XXX Hospital: Names of Students, Patti Rexer, Instructor  
The risks versus benefits of restraint utilization in acute care geriatric clients will be examined. This presentation will focus on identification of

different restraint types and their intended purposes including cost effectiveness. Alternatives to restraint usage will be explored.

**S2-C IS PAIN DIFFERENT WHEN YOU ARE OLDER?**

XXX Hospital: Names of Students, Anne Slivjak, Instructor

Pain management in the geriatric client is a broad and complex topic. Effective pain management in this group requires an understanding of their unique issues and pain sources. This presentation will focus on pain assessment and treatment including pharmacological and alternative options.

11:15-11:30 Break

11:30-12:15 Concurrent Sessions

**S2-3 “THE THOUGHT ESCAPES ME”: COGNITIVE DEFICITS**

XXX Hospital: Names of Students, Tamika Curry, Instructor

This presentation will explore assessing cognition and early detection of cognitive deficits in geriatric clients. Areas to be examined include: screening tools, common underlying conditions, nursing interventions, delayed treatments, undiagnosed deficits, patient teaching, medications and successful trends in providing quality care.

**S2-A “IT’S TOO MUCH PRESSURE”: SKIN BREAKDOWN**

XXX Hospital: Names of Students, Tammi Britt, Instructor

Advances in predicting pressure ulcer has increased awareness and lead to steps to decrease their incidence. Data is available for proper evaluation and prevention in at risk clients. In this presentation methods to prevent pressure ulcers will be discussed including: nutrition, repositioning, safe environment and staff education.

**S2-B TO FALL OR NOT TO FALL**

XXX University Hospital: Names of Students, Petrina McFarland, Instructor

This presentation will address the serious issue of falls and their repercussions in the geriatric population. The associations to risk, causes, categories, assessment, prevention and treatment will be explored. The nurse’s role as part of the healthcare team will be examined in relationship to risk reduction, safety and quality of care.

**S2-C WHAT’S IN YOUR MOUTH?: ORAL ISSUES**

XXX University Hospital: Names of Students, Elaine Kemp, Instructor

Oral health is an essential part of elder care. Research shows that oral hygiene is associated with multiple disease entities including cardiovascular and glucose issues. This presentation will examine the effects on speech, nutrition, infection, decay and self-esteem.

12:15-12:30 Break

12:30-1:15

**S2-3 LET'S TALK ABOUT SEX: SEXUALITY AND SENIORS**

XXX Medical Center: Names of Students, Connie Sumner, Instructor  
Sexuality and intimacy among the elderly is multifaceted involving bio-psycho-social components. The relationship of the aging process to sexuality and intimacy will be discussed. Developmental, social and medication factors will be explored including a model that may prove useful in assessing a client's sexual health.

1:20-1:45 Conclusion and Evaluation

\*PLEASE NOTE: Name of hospital and nursing students were included in the conference day brochure but have been deleted from this posted brochure.

Thanks to the Class of 2011 and Nursing 132 Faculty for an excellent Geriatric Nursing Conference: Evidence in Practice