

## Instructor's Toolkit for Phil Gardner's Monologue

Phil Gardner's monologue can be used in a variety of ways. Here are a few to consider:

- large class discussion
- small group discussion during class or clinical
- reflective journaling assignment
- web-based assignment: listen to the audio or read the script, then discuss and summarize the group's conclusions.

Here are some questions that might be used to stimulate discussion.

1. What are Mr. Gardner's strengths?
2. What are your concerns for Phil and Lois?
3. What is the cause of your concern?
4. What additional information do you need or wish you had?

These questions were adapted from the following publication: Benner, P., Sutphen, M., Leonard, V., Day, L., & Shulman, L. (2010). Paradigm case: Lisa Day, classroom and clinical instructor. In *Educating nurses: A call for radical transformation* (p. 133). San Francisco: Jossey-Bass.

### Possible answers to questions:

1. What are Mr. Gardner's strengths?
  - He seems devoted to his wife
  - He has been able to assume increasing responsibility for care of his wife, Lois.
  - With his background as a firefighter, he has some familiarity with his wife's respiratory illness and medical needs
2. What are your concerns for Phil and Lois?
  - Lois's mental functioning seems to be deteriorating.
  - Lois has a progressively worsening and potentially debilitating physical diagnosis
  - Will Phil will be able to manage Lois's care at home?
3. What is the cause of your concern?
  - While Phil has been managing Lois's care until now, will her be able to handle her increasing care needs?
  - Lois has had an MI, and also has respiratory disease
  - Phil is worried, but not making plans for their future care needs.

4. What additional information do you need or wish you had?
  - Assessment of health status for both Phil and Lois.
  - Have family members and/or friends offered to help if needed?
  - What is their home environment like?
  - Do Phil and Lois have advance directives?

Other ideas:

- Explore available resources in the community that could be helpful to Phil and Lois.
- Investigate local support groups or other resources specific to caregivers (i.e. hospitals, senior centers, clinics)

We encourage you to be creative and add to the monologue or create new monologues that match the content in your curriculum. You might consider expanding the case until you have monologues and simulation scenarios that can be used throughout the entire curriculum.