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#### DISCLOSURE STATEMENT

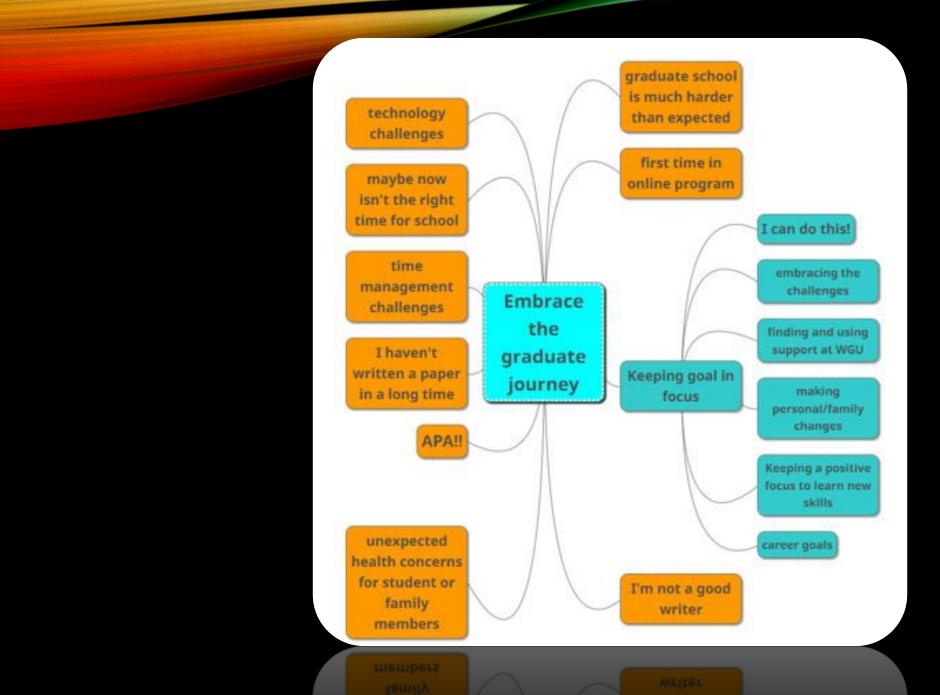
Neither the planners nor presenters indicated that they have any real or perceived vested interest that relate to this presentation.

# REFLECTION



#### LEARNING OUTCOMES

- The learner will develop knowledge, understanding, and skills for utilizing the growth mindset principles with graduate students.
- The learner can articulate the value of applying growth mindset principles when interacting with students to optimize faculty time and student outcomes.
- The learner will identify one opportunity to enhance instructional practice utilizing growth mindset principles.



#### Other things became Writing more important Not enough Time management time Graduate school was much more **Finances Technology** difficult than expected **APA Family** Online learning Health

# THEMES

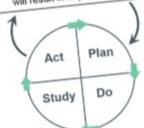
# PDSA

#### Model for Improvement

What are we trying to accomplish?

How will we know that a change is an improvement?

What change can we make that will result in improvement?







## OUTCOMES OF PDSA

**Student Mindset** 

Independence to Appropriate Interdependence

Faculty Best Practices

## **EVIDENCE**

Dweck-Growth mindset in children through high school age

Later research also demonstrated growth mindset, goal orientation, and flexible thinking impact the success of

More recent studies with health professions students

college students

**Growth Mindset**-Grit & Persistence

Performance orientation

Critical thinking

# WEBINAR PLANNING AND DEVELOPMENT

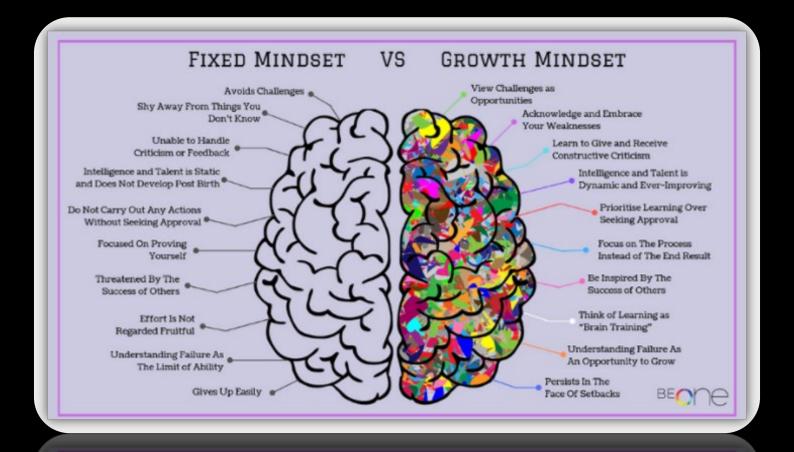
- Phase 1- Initial planning
  - Live webinar
  - Goals
- Phase 2- Pilot launch
- Phase 3- Official launch
  - Additional faculty participation
  - Re-evaluate and modify
  - Webinar offering added to courses

# EMBRACING THE GRADUATE MINDSET WEBINAR

#### **Growth Mindset**





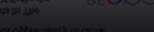


nderstanding Failure As

The Limit of Ability

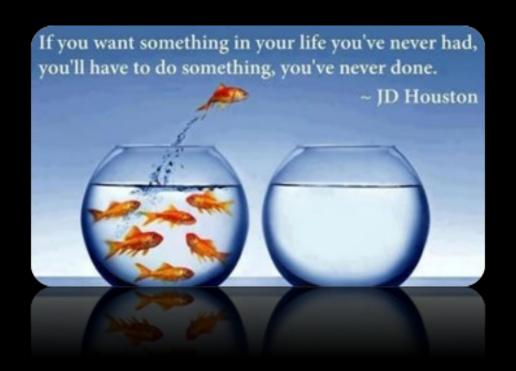
Gives Up Easily



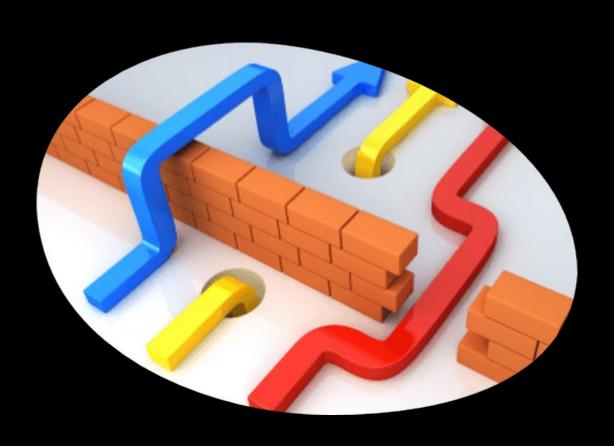


Understanding Fallure As-An Opportunity to Grow

# WHAT IS YOUR "WHY"?



# BARRIERS



#### TIME MANAGEMENT



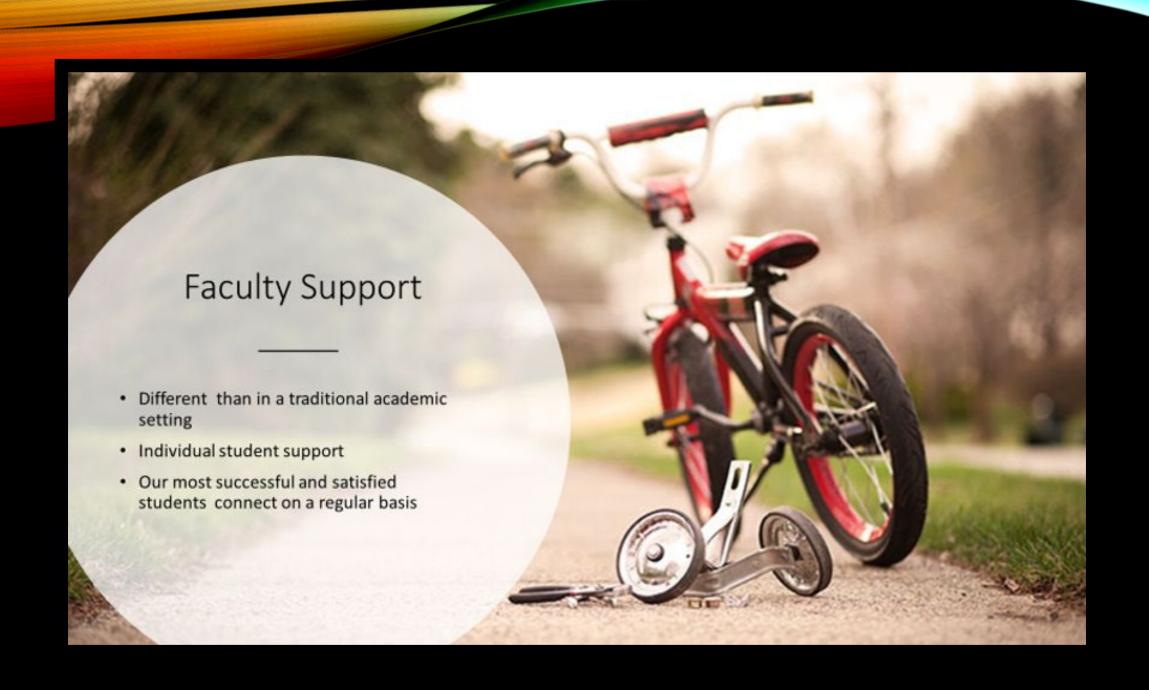
Course Instructor support

Consider changes to your time commitments

Technology – use it to support you

Workspace – find a place or space for your academic work

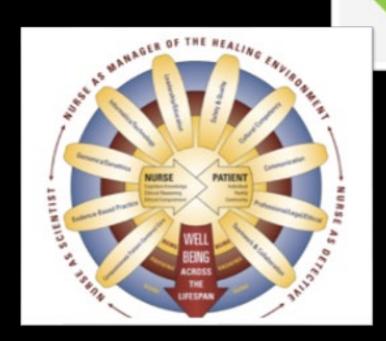




AACN Essentials

Nursing Programs Conceptual Model

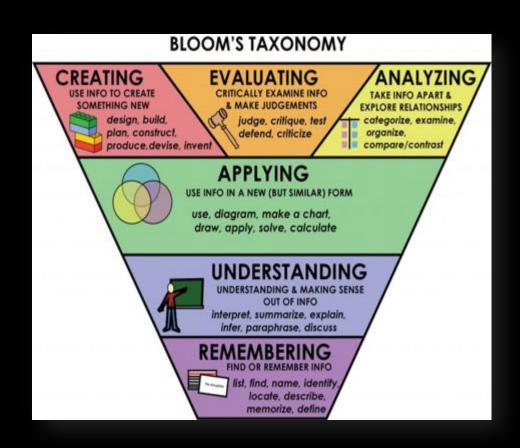
• Shift in Paradigm





#### WRITING

- Has it been a while??
- Don't let this cause anxiety.
  - 1st submission should be your best work
  - Revisions are part of the process of learning



# FROM THIS MOMENT FORWARD....



- Believe in yourself
- Learn from your past
- Redefine challenges as opportunities
- Determination
- Improve your self-esteem
- Company of helpful people
- Focus on process over results
- Attitude for success
- Positive affirmations for Growth Mindset

WHAT HAVE STUDENTS LEARNED?

#### LESSONS LEARNED

instructors were very informative new transition MSN journey
anxiety relieving transition in mindset lot of work
words were awesome
course instructor cohorts helpful

information growth mindset

mindset of school concern for success learning of

learning center education process

#### BEST PRACTICES

- Annual goals
- Automated Welcome Email
- Voice-to-Voice emphasis
- Webinar offerings increased
- Webinar attendance encouraged
- Growth mindset principles applied to all student interactions

# LOOKING BACK, LOOKING AHEAD



Measure, evaluate, and modify

Opportunity to expand

## **QUESTIONS?**



A Special Thank You to All Who Contributed to the Embracing the Graduate Mindset Webinar

#### REFERENCES

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