

Be Who You Are: Integrating ACE+ Resources for LGBTQ+ Inclusion in Your Curricula

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Conflict of Interest

Conflicts of Interest and Disclosures:

Neither the planners or presenters indicated that they have any real or perceived vested interest that relate to this presentation.





Session Overview

- Overview of the Advancing Care Excellence (ACE) series
- Development of ACE+ resources using the ACE framework
 - Unfolding Cases
 - Teaching Strategies
- Audience questions



Advancing Care Excellence Series



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Advancing Care Excellence Series



Advancing Care Excellence
for Seniors



Advancing Care Excellence for
Alzheimer's Patients and Caregivers



Advancing Care Excellence
for Veterans



Advancing Care Excellence for
Persons With Disabilities



Advancing Care Excellence
Pediatrics



Advancing Care Excellence
for Caregivers



Advancing Care Excellence
for LGBTQ+



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Simulation Using Unfolding Cases

- Evolves over time in a manner that is unpredictable to the learner.
- Elements and new situations develop and are revealed with each encounter
- Incorporate the power of storytelling with the experiential nature of simulation scenarios



Elements of an ACE Unfolding Case

- First-person monologues
- Three simulation scenarios with chart materials
- Instructor toolkits
 - Monologue
 - Simulations
- Finish the story activity



Introducing ACE+ Advancing Care Excellence for the LGBTQ+ Population



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LGBTQ+ Population

- Selected as the population to cover in the ACE series after a random sample NLN membership survey
- Focus on general understanding and using inclusive and affirming language





Health Inequities

- LGBTQ people face barriers due to beliefs, attitudes, and practices steeped in oppressive societal culture.
- Nursing providers lack basic knowledge about LGBTQ patient care.
- Each specific letter of LGBTQ identifies with persons who have individualized needs.



ACE+ Framework



Unfolding Cases

Mike Walker

Jayla Wright

Zachary Alex Miller

Meet Mike Walker





Mike Walker

- 70-year-old gay man who realized his sexual orientation as an adult
 - Divorced father of one son
 - Lives with partner

Scenario #1

- Seen in Emergent Care for rectal bleeding
- Goals: Complete vital signs, review history intake form and complete a focused Gastrointestinal and Sexual assessment. Provide SBAR report to the attending Nurse Practitioner.

Mike Walker

Scenario #2

- 2 months later post colon cancer diagnosis- needs blood transfusion, partner wants to provide blood for Mike
- Goals: monitor vital signs, discussion about blood transfusion and wait time for gay men. Opportunity to hang blood post scenario.

Scenario #3:

- Next day: Provider, Mike, his son, and partner discuss plans for chemotherapy or other treatments; initiated a discussion about palliative care. Family upset.
- Goals: Manage concerns: non family member's rights and/or Advanced Directives and durable power of attorney regarding a patient's care. Provide support.

Meet Jayla Wright





Jayla Wright

- Gender identity and sexual orientation are not the same.
- A person does not have to be “transitioning” and/or “starting the process” to self-identify as transgender.
- Resiliency
- Dignity of the human person.



Jayla Wright

- 24-year-old Trans women of color. Jayla is heterosexual and a sex-worker. She lives with a few friends and has a great support system.
 - Scenario #1 – At the ED due to a wound she suffered exiting public transportation five days prior.
 - Scenario #2 – Three hours have passed in the ED.
 - Scenario #3 – Six months have passed; at a LGBTQ+ clinic.



Meet Zachary Alex Miller



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Zachary Alex Miller

- 14-year-old who lives with his parents and three siblings.

The unfolding case follows Zach over a year and a half.

During this time Zach:

- Questions gender identity and sexual orientation
- Changes name and pronouns
- Discusses feelings of isolation



Zachary Alex Miller

- Scenario #1
 - School nurse meeting - to discuss gender identity and sexual orientation.
- Scenario #2
 - Pediatric unit admission - after being involved in a bike/car collision
- Scenario #3
 - Home care visit - after hospital discharge



Guidance on Recruiting SPs

- Standardized participants (SPs) are recommended for all ACE simulations
- Whenever possible, SPs should be the gender identity / sexual orientation of the patient they are portraying.
This is critical for fidelity of the simulations.





ACE+ Unfolding Case Contributors

ACE+ Unfolding Cases were made possible with contributions from many people.

Unfolding Case Authors:

- Brandi Fruin, DNP, MSN Ed., RN
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- Lee-Anne Stephen, MN, RN

Subject Matter Expert:

- John Mikovits, PhD, MSN, RN

Pilot schools:

- Central Connecticut State University
- Chamberlain University
- Galen College of Nursing
- George Washington University
- Hinds Community College
- Monmouth University
- Mount Wachusett Community College
- Purdue University
- St. John Fisher College
- University of Louisiana at Lafayette
- University of Lynchburg
- University of Michigan Flint
- University of Mississippi Medical Center
- University Washington-Eau Claire





ACE+ Teaching Strategies

- Exploring and Understanding LGBTQIA+ Bias in Health Care
- Methods of Gender Transition
- Using Respectful Communication with LGBTQ+ People
 - Features 3 recorded monologues

Joe

Susan

Victor

Where in your curriculum?



Considerations to Minimize Disparities



1. Simulated patients from LGBTQ+ population
2. Focus on the whole person



Additional Challenges

1. Addressing faculty discomfort and/or hesitation(s)
2. Student discomfort and/or lack of knowledge
3. Integration into curricula



ACE Resources on the NLN Website

Visit www.NLN.org/ACEplus to access ACE+ resources

The NLN's newest population in the ACE series is Advancing Care Excellence for the LGBTQ+ People (ACE+). The ACE+ project developed and disseminated evidence-based teaching resources about care of LGBTQ+ people to nursing programs across the US and beyond. The overarching goal of this project is to equip nurse educators with the necessary tools to teach care of LGBTQ+ people and help them graduate a new nursing workforce that is both knowledgeable and culturally competent to meet the needs of LGBTQ+ individuals and decrease the health disparities they experience.

**ACE+ Unfolding
Cases**

**ACE+ Teaching
Strategies**

**ACE+
Framework**

**ACE+ Additional
Resources**

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Grant Data Collection

<https://survey.alchemer.com/s3/7036400/ACE-grant-survey>

- Do you plan to use one or more ACE+ resources in teaching nursing students within the next academic year?
- Have you increased your knowledge of LGBTQ+ patients?





Questions

What questions
do you have?





Thank you!

Thank you for helping students learn how to
provide dignified healthcare to LGBTQ+ people



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