Are Your Nurse Educators Feeling Psychologically Safe?

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Objectives

- Define psychological safety
- Outline the importance of psychological safety
- Describe the link between psychological safety and performance
- Provide examples of a psychologically safe environment
- Describe strategies for fostering psychological safe environments.



The Concept of Psychological Safety

- What is psychological safety?
- Why is it important?
- What is the link between psychological safety and performance?



Benefits of Psychological Safety









How do we create a psychologically safe environment

- Clear Communication Channels
- Open and Respectful Feedback Culture
- Encouraging Autonomy and Decision-making
- Promoting Collaboration and Teamwork





What does psychological safety look like in a meeting?

- Facilitating Inclusive discussions
- Encouraging idea sharing and participation
- Addressing conflict constructively



Case Study



Identifying and Addressing Challenges

- Recognize signs of discomfort
- Provide resources for stress management
- Seek professional support



Conclusion



"Psychological safety and courage are simply two sides of the same (immensely valuable) coin. Both are—and will continue to be—needed in a complex and uncertain world."

-Dr. Amy Edmondson

QUESTIONS

