

## Oral Health and Autism Spectrum Disorder Interventions Based on Behavioral Guidance Techniques

After reading the article by Chandrashekhar & Bommangoudar, choose one behavioral guidance technique below and describe an intervention for a patient with ASD in the dental office.

- Chandrashekhar, S., & Bommangoudar, S. J. (2018). Management of autistic patients in dental office: A clinical update. *International Journal of Clinical Pediatric Dentistry*, 11(3), 219-227. doi: 10.5005/jp-journals-10005-1515

<b>Behavioral Guidance Techniques</b>	<b>Examples</b>	<b>Student Intervention Example</b>
Communication	Short, clear, & simple phrases or use of communication systems	
Tell-Show Do	Demonstration	
Restraints/Deep Pressure/ Touch	Swaddling, blankets	
Desensitization to diminish apprehension	Divide dental visit into small steps	
Voice Control	Use specific treatment-related directions	
Positive reinforcement	Reward positive behavior	
Distractions	Use techniques to engage patient	
Sensory techniques	Provide toothbrush alternatives	
Social stories	Conduct a pretreatment dental visit	
Pharmacological management	Explain advantages and disadvantages of conscious sedation	