PATIENT CHART

Chart for Angela Foster Simulation #1

This simulation is somewhat different than those you may have experienced in the past. While you will be caring for both the patient and the caregiver, the focus of the simulation is the caregiver.

Download this tool and attach to chart:

* Preparedness for Caregiving Scale:

<https://hign.org/sites/default/files/2020-06/Try_This_General_Assessment_28.pdf>

Report Students Will Receive Before Simulation

**Time:** 0700

**Person providing report:** RN going off duty

**Situation:** Angela Foster is a 60-year-old woman who had a left mastectomy the day before yesterday for PR+, HER2- breast cancer

**Background:** Patient Angela is a gravida 2 para 2 divorced woman who lives alone. She has 2 sons who do not live nearby. She discovered a lump in her left breast a few weeks ago, and her biopsy revealed cancer. Patient’s mother died of breast cancer at age 70. She is an elementary school teacher who is on medical leave, she has no other health problems and was on no medications. She will be going home this morning with 2 surgical drains. Plans include radiation and chemotherapy. Her friend Eileen has been here and plans to help her out at home, but she seems pretty worried about the dressing change.

**Assessment:** The surgical team changed her dressing yesterday, she had a moderate amount of drainage on the dressing and her surgical drains, one in left axilla and one at mastectomy site, both have slightly bloody drainage, 30 mL’s from each after 24 hours. Her IV of D5LR is running at 125/hour into her right forearm.

Vital signs were just taken: temp 37.2, HR 80, RR 20, BP 128/70. She is alert and responsive, pain levels have been 6-7/10, decrease to 2/10 with her pain med: oxycodone hydrochloride 5 mg/ acetaminophen 325 mg, which she took every 4 hours on day of surgery. Today she is taking acetaminophen 1000 mg every 4 hours. Last dose 90 minutes ago.

Angela has been up walking to the bathroom and once out in the hallway. She tolerated liquids and is now on regular diet as tolerated.

**Recommendation:** I would consider using the Preparedness for Caregiving Scale with patient’s friend Eileen. We’ve started discharge teaching. The focus for today is the dressing change. It would be best to coach caregiver Eileen through the dressing change, since she says she’s never done anything like this.

Provider Orders

**Allergies/Sensitivities:**

|  |  |
| --- | --- |
| **Date/Time:** |  |
| Day 1  Day of Surgery | **Activity:** Up with assistance |
|  | **Diet:** General as tolerated |
|  | **Vital signs:** Every 4 hours |
|  | Dressing change daily. Monitor drains and empty as needed. |
|  | **Medications:** |
|  | Oxycodone hydrochloride 5 mg / acetaminophen 325 mg, one tablet every 4 hours on day of surgery.  If oxycodone hydrochloride 5 mg / acetaminophen 325 mg, one tablet every 4 hours not effective, may give acetaminophen 1000 mg every 4 hours as needed for pain |
|  | Transition to acetaminophen 1000 mg every 4 hours as needed for pain on day 2.  If acetaminophen 1000 mg every 4 hours is not effective, may give oxycodone hydrochloride 5 mg/ acetaminophen 325 mg every 4 hours as needed for pain. |
|  | Docusate sodium 100 mg oral daily as needed for constipation |
|  | Dr. Arjun Patel |

Progress Notes

|  |  |
| --- | --- |
| **Date/Time:** |  |
| Post-op Day 1 | Dressing change done, moderate amount bloody drainage, both surgical drains intact. Vital signs are stable, and pain controlled on acetaminophen. Up walking and tolerating PO fluids. Dr. Arjun Patel |
|  |  |

Nursing Notes

|  |  |
| --- | --- |
| **Date/Time:** |  |
| Post-op Day 1 | Admit from PACU, IV D5LR at 125 mL/hour. Alert and responsive, minimal pain reported. Difficulty moving left arm. Dressing with small amount drainage and surgical drains intact. Best friend at bedside. Cory Marshall, RN |
| Post-op Day 2 |  |

Medication Administration Record

PRN and STAT Medications

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Date of Order:** | **Medication:** | **Dosage:** | **Route:** | **Frequency:** | **Date/Time Administered:** | | **Initials** |
| Day 1 | Oxycodone hydrochloride 5 mg/ acetaminophen 325 mg | 5 mg/  325 mg  (one tablet) | PO | every 4 hours as needed for pain | X/X | 1600  2030 | *CM*  *CM* |
|  | Acetaminophen 1000 mg | 1000 mg | PO | every 4 hours as needed for pain |  |  |  |
|  | Docusate sodium | 100 mg | PO | once daily as needed for constipation |  |  |  |
| Day 2 | Acetaminophen 1000 mg | 1000 mg | PO | every 4 hours as needed for pain | X/X | 0100  0530 | *RT*  *RT* |
|  | Docusate sodium | 100 mg | PO | once daily as needed for constipation |  |  |  |

Nurse Signatures

|  |  |  |  |
| --- | --- | --- | --- |
| **Initial** | **Nurse Signature** | **Initial** | **Nurse Signature** |
| CM | Cory Marshall RN | RT | Randy Thorsen RN |

Lab Data

|  |  |  |
| --- | --- | --- |
| **Complete Blood Count** | **Result** | **Reference Range** |
| WBC (White Blood Count) | 8.5 | 6.0-11.0 K/uL |
| RBC (Red Blood Count) | 4.6 | 4.5-5.9 M/uL |
| HGB (Hemoglobin) | 12.2 | 12.0-15.6 g/dL (F)  13.0-18.0 g/dL (M) |
| HCT (Hematocrit) | 38 | 36-46 % (F)  40-52 % (M) |
| PLT (Platelets) | 340 | 150-450 K/uL |

|  |  |  |
| --- | --- | --- |
| **Basic Metabolic Panel** | **Result** | **Reference Range** |
| Sodium | 141 | 135-145 mmol/L |
| Potassium | 4.1 | 3.5-5 mmol/L |
| Carbon dioxide | 35 | 35-45 mm hg |
| Calcium | 2.4 | 2-2.6 mmol/L |
| Chloride | 100 | 95-105 mEq/L |
| Glucose | 88 | 65-110 mg/dL |
| Bun | 2 | 1.2-3 mmol/L |
| Creatinine | 1.1 | 0.8-1.3 mg/dL |

Vital Signs Record

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Date:** | **Day 1** | **Day 1** | **Day 2** | **Day 2** | **Day** | **Day** | **Day** |
| **Time:** | 1600 | 2030 | 0330 | 0645 |  |  |  |
| **Temperature:** | 36.8 | 36.9 | 37 | 37.2 |  |  |  |
| **Heart Rate/Pulse:** | 76 | 84 | 82 | 80 |  |  |  |
| **Respirations:** | 20 | 16 | 16 | 20 |  |  |  |
| **Blood Pressure** | 130/68 | 128/70 | 132/68 | 128/70 |  |  |  |
| **O2  Saturation:** | 94% | 96% | 95% | 96% |  |  |  |
| **Weight:** | 148# |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| **Nurse Initials:** | *CM* | *CM* | *RT* | *RT* |  |  |  |

Intake & Output Bedside Worksheet

Post-op Day 1

**INTAKE OUTPUT**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **ORAL**  **Day 1** | **TUBE**  **FEED** | **IV** | **IVPB** | **OTHER** | **URINE**  **Day 1** | **EMESIS** | **NG** | **Drains**  **Type:** | **Other** |
| 90 |  | 980 |  |  | 1200 |  |  |  |  |
| **Total Intake this shift:** 1070 | | | | | **Total Output this shift**: 1200 | | | | |