PATIENT CHART

Chart for Angela Foster, Simulation #2

This simulation is somewhat different than those you may have experienced in the past. While you will be caring for both the patient and the caregiver, the focus of the simulation is the caregiver.

SBAR Report Students Will Receive Before Simulation

**Time:** 1000

**Person providing report:** Clinic nurse supervisor

**Situation:** Angela Foster is a 60-year-old woman who had a left mastectomy 3 weeks ago for PR+, HER2- breast cancer. She will be starting external beam radiation tomorrow and the plan will be 5 treatments per week for 6 weeks.

**Background:** Patient Angela is a gravida 2 para 2 divorced woman who lives alone. She discovered a lump in her left breast a little over a month ago, and her biopsy revealed cancer. Patient’s mother died of breast cancer at age 70. Angela teaches 4th grade but she is now on medical leave. She has no other chronic health problems and was on no medications prior to surgery. Her initial post-op pain was controlled by oxycodone hydrochloride 5 mg / acetaminophen 325 mg, but she is now on acetaminophen. Her friend Eileen is with her and is helping her around the house.

**Assessment:** Left mastectomy site healing well, drains removed 2 weeks ago. Angela has some restricted movement on the left side, shoulder and arm. She also fell at home yesterday and sprained her right ankle, so she’s having some difficulty with ambulation and is now using a walker. VS were taken: Temp 36.8, HR 78, RR 16, BP 120/72.

**Recommendation:** Angela has the radiation handout but please review the materials on radiation side effects and management. Explain the schedule of daily treatments Monday through Friday for 6 weeks. She is scheduled for 9 AM this week but no more appointments have been made. Please have her schedule her treatments at the reception desk for the next 2 weeks. We can begin any time before 5 PM. Assess her transportation plans and appointment preference. Her friend may not be able to continue this level of help for her.

Progress Notes

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| --- | --- |
| **Date/Time:** |  |
| Day 1 | Angela is 3 weeks post-op. Here for measurements and prep for external beam radiation. Plan 6 weeks of 5 treatments/week. Dr. Leon Arroyo, Radiation Oncology |
| Day 2 |  |
|  |  |

Vital Signs Record

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Date:** | **Day** | **Day** | **Day** | **Day** | **Day** | **Day** | **Day** |
| **Time:** | 1000 |  |  |  |  |  |  |
| **Temperature:** | 36.8 |  |  |  |  |  |  |
| **Heart Rate/Pulse:** | 78 |  |  |  |  |  |  |
| **Respirations:** | 16 |  |  |  |  |  |  |
| **Blood Pressure** | 120/72 |  |  |  |  |  |  |
| **O2  Saturation:** | 95% |  |  |  |  |  |  |
| **Weight:** | 140# |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| **Nurse Initials:** | *CR* |  |  |  |  |  |  |

Nurse Signatures

|  |  |  |  |
| --- | --- | --- | --- |
| **Initial** | **Nurse Signature** | **Initial** | **Nurse Signature** |
| *CR* | Chris Ramer |  |  |
|  |  |  |  |