PATIENT CHART

Chart for Butch Sampson Simulation #1

SBAR Report Students Will Receive Before Simulation

**Time:** 1130

**Person providing report**: Staff nurse on unit

**Situation:** Bradley Leonard Sampson is a 68-year-old patient of Dr. Bell. He prefers to be called “Butch.” He was admitted yesterday with cellulitis of great right toe and had surgical debridement of his right great toe shortly after admission.

**Background:** Butch is a chronically and episodically homeless Navy veteran who presented yesterday at the Healthcare for Homeless Veterans office. The nurse practitioner referred him to the VA hospital after noting purulent drainage to his right great toe and noting blood glucose of 190. His HgA1c was 8.9 on admission. He reports that he had received a prescription for oral diabetic medication last year at a VA in another community, but only took it a few weeks before it was stolen. He has documented Agent Orange exposure from his service time in on a patrol boat on the Mekong Delta in Vietnam. He says after he was discharged he worked as a deck hand for several years with various fishing operations but lost his home and work opportunities in Hurricane Katrina. He has no known relatives. He says his parents and brother are deceased and although he was married and divorced twice he has no known children.

**Assessment:** His vital signs are stable. His toe is pink. The surgical wound bed is red and left open to heal by secondary intention. Wound is approximate size of a quarter on its anterior aspect (pad of big toe, not the top) and ¾ of a centimeter deep. There is some sero-sanguinous drainage on the dressing. He’s getting ampicillin sodium/sulbactam sodium by IV piggyback every six hours and it’s about time for his next dose. Dr. Bell started him on metformin 1000 mg twice daily. He’s a long-time smoker and Dr. Bell wrote him an order, so he can go out and smoke after his nurse yesterday caught him smoking in his room.

**Recommendation:** He didn’t fill out his choices for supper yet. Dr. Bell wants him on a medium calorie-carbohydrate consistent diet, so you can help him look over the options and see what he understands about his diet. He needs his dressing changed on his foot and his next dose of ampicillin sodium/sulbactam sodium. We really need to begin his discharge planning and teaching**.** Dr. Bell hopes we can discharge him to transitional housing, so she wants us to do as much teaching as we can, given the limitations of his potential return to homelessness. He was in transitional housing for a little while last year but left because he says there were too many rules. The social worker is trying to arrange some “low demand” housing options.

Provider Orders

**Allergies/Sensitivities:** None known

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| **Date/Time:** |  |
| Day 1  1300 | **Admit to Surgical Unit:** Service: Internal Medicine  **Condition of patient:** Fair   1. **DIET:** Medium Calorie Consistent Carbohydrate (MCC CHO) 70 g/meal 2. **VITAL SIGNS:** Once each shift. If temperature > 101 F (38.33 C) notify resident or physician 3. **ACTIVITY:**   Up in chair with foot elevated PRN  Bathroom privileges with assistance  May go out to smoke accompanied by hospital staff   1. **NEUROVASCULAR CHECKS:** Every 4 hours for first 24 hours, then every shift 2. **BEDSIDE BLOOD GLUCOSE:** Four times per day.   Fasting in a.m. before meals and bedtime  Call abnormal results to resident or attending physician   1. **MISCELLANEOUS:**    1. Sterile gauze dressing change to right foot daily.    2. Bilateral compression stockings.    3. Dietary teaching for Medium Calorie Consistent Carbohydrate diet.    4. Consult for social work for discharge planning.    5. Consult for OT/PT for discharge planning. 2. **MEDICATIONS:**    1. Ampicillin/sulbactum 1.5 g IVPB every 6 hours    2. Ibuprofen 600 mg po every 6 hours PRN for mild to moderate pain    3. Hydrocodone bitartrate 10 mg/500 mg acetaminophen po every 6 hours PRN for severe pain    4. Metformin 500 mg po twice daily 3. **IV FLUIDS:** Normal Saline 50 mL/hour   Samantha Bell, MD |

Medication Administration Record

Scheduled & Routine Drugs

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| **Date of Order:** | **Medication:** | **Dosage:** | **Route:** | **Frequency:** | **Hours of Administration:** | **Date of Administration:** | **Initials** |
| Day 1 | Ampicillin/sulbactum | 1.5 g | IV piggyback | Every 6 hours | 0000  0600  1200  1800 | * Day 1/ 1200 * Day 1/ 1800 * Day 2/ 0012 * Day 2/ 0615 | * *CC* * *CC* * *JW* * *JW* |
| Day 1 | Normal Saline | 50 ml/hr | IV |  |  | * Day 1/ 1400 * Day 2/ 1000 | * *CC* * *JW* |
| Day 1 | Metformin | 500 mg | po | Twice daily | 0800  1700 | * Day 1/ 0800 * Day 1/ 1700 * Day 2/ 0800 | * *CC* * *CC* * *JW* |

PRN and STAT Medications

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| **Date of Order:** | **Medication:** | **Dosage:** | **Route:** | **Frequency:** | **Date/Time Administered:** | | **Initials** |
| Day 1 | Ibuprofen | 600 mg | po | Every 6 hours PRN mild/moderate pain | Day 1  Day 2 | 0915  2105  0600 | * *CC* * *CC* * *JW* |
| Day 1 | Hydrocodone bitartrate / acetaminophen | 10 mg/500 mg | po | Every 6 hours PRN severe pain | Day 1  Day 2 | 1215  0820 | * *CC* * *JW* |

Nurse Signatures

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| **Initial** | **Nurse Signature** | **Initial** | **Nurse Signature** |
| *CC* | Cathy Callan, RN |  |  |
| *JW* | Joan White, RN |  |  |

Vital Signs Record

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| **Date:** | **Day 1** | **Day 1** | **Day1** | **Day 1** | **Day 1** | **Day 2** | **Day2** |
| **Time:** | 1200 | 1830 | 1930 | 2000 | 2200 | 0600 | 1000 |
| **Temperature:** | **101.3** | **99** | **99** | **98.6** | **98.6** | **98.6** | **98.6** |
| **Heart Rate/Pulse:** | 88 | 110 | 98 | 82 | 76 | 74 | 78 |
| **Respirations:** | 18 | 22 | 18 | 18 | 16 | 16 | 16 |
| **Blood Pressure** | 140/80 | 144/82 | 140/78 | 136/78 | 132/76 | 138/78 | 136/80 |
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| **O2  Saturation:** | 98 | 96 | 96 | 98 | 97 | 97 | 98 |
| **Weight:** | 176 |  |  |  |  |  |  |
| **Blood glucose** | 190 |  |  |  |  | 132 |  |
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| **Nurse Initials:** | *CC* | *CC* | *CC* | *CC* | *CC* | *JW* | JW |

Downtime Documentation: 24-hour Pain Assessment Flowsheet

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| **Date:** Day 1 | | | **Patient Name:** Butch Sampson | | | **Diagnosis:** Cellulitis right great toe, Diabetes Mellitus Type 2; surgical debridement of right great toe | | |
| **Time:** | **Pain location:** | **Pain intensity**  **(0-10 scale):** | | **Pain character:** | **Provoking factors:** | **Relieving factors:** | **Intervention:** | **Result:** |
| 0600 | Right toe | 4 | | Aching | N/A | Med | See MAR | 3 |
| 0820 | Right toe | 8 | | Aching | Up to bathroom | Lying still, med | See MAR | 3 |

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| **Pain Character:**  aching, burning, shooting, radiating, stinging, tingling | **Pain Intensity:**  0 1 2 3 4 5 6 7 8 9 10 None Moderate Severe |

Intake and Output Record

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| **TIME** | **INTAKE** | | | | **OUTPUT** | | | | |
|  | **ORAL** | **IV** | **IRRIGATION** | **REMARKS** | **BM** | **EMESIS** | **URINE** | **SUCTION** | **REMARKS** |
| 0700 |  |  |  |  |  |  |  |  |  |
| 0800 | 200 |  |  | Breakfast |  |  | 500 |  |  |
| 0900 |  |  |  |  |  |  |  |  |  |
| 1000 |  | 1000 |  | New Liter hung |  |  |  |  |  |

Lab Data

(on admission)

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| **Complete Blood Count** | **Result** | **Reference Range** |
| WBC (White Blood Count) | 14 | 6.0-11.0 K/uL |
| RBC (Red Blood Count) | 5.1 | 4.5-5.9 M/uL |
| HGB (Hemoglobin) | 16 | 12.0-15.6 g/dL (F)  13.0-18.0 g/dL (M) |
| HCT (Hematocrit) | 45% | 36-46 % (F)  40-52 % (M) |
| PLT (Platelets) |  | 150-450 K/uL |

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| **Glycohemoglobin** | **Result** | **Reference Range** |
| A1c | 8.9% | 4-6% |

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| **Basic Metabolic Panel** | **Result** | **Reference Range** |
| Sodium | 141 | 135-145 mmol/L |
| Potassium | 4.1 | 3.5-5 mmol/L |
| Carbon dioxide | 40 | 35-45 mm hg |
| Calcium | 2 | 2-2.6 mmol/L |
| Chloride | 103 | 95-105 mEq/L |
| Glucose | 190 | 65-110 mg/dL |
| Bun | 1.9 | 1.2-3 mmol/L |
| Creatinine | 1.0 | 0.8-1.3 mg/dL |

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| **Lipid Panel** | **Result** | **Reference Range** |
| Total cholesterol | 162 | <200 normal |
| HDL | 43 | >40 normal |
| LDL | 84 | <100 normal |
| Triglycerides | 177 | <150 normal |

Lunch and Dinner Menu

**Available for Delivery from 11:00 AM -7:00 PM**

**1 carb = one serving of 15 carbohydrates (70 carbohydrates = approx. 4.5 servings per meal)**

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| **Soups** | |
| Creamy Tomato | 0.5 carbs |
| Vegetable Soup | 0 carbs |
| Chicken Noodle | 2 carbs |

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| **Salads/Cold Plates** | | **Salad Dressings** |
| Tossed Garden Salad - small salad made with mixed greens, sliced cucumbers & cherry tomatoes | 0 carbs | Ranch  Italian  Vinegar & Oil |
| Grilled Chicken Caesar | 0.5 carbs |
| Tuna or Chicken Salad on a bed of greens | 0.5 carbs |
| Cottage Cheese and Fresh Fruit | 2 carbs |

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| **Deli Favorites** | | **Choice of Sandwich Breads** | |
| Deluxe Tuna or Chicken Salad Sandwich - Tuna or Chicken Salad on your choice of bread with lettuce & tomato | 0 carbs | White  Wheat  Rye | 1 carb/slice | |
| Sliced Turkey or Ham Sandwich - Mounds of thinly sliced roast turkey or honey-baked ham on choice of bread with lettuce & tomato | 0 carbs | Deli wrap | 3 carbs/wrap | |

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| **Pizzeria** | 4 carbs/personal pizza | |
| Build your own. We spread seasoned tomato sauce onto grilled pita bread & bake bubbly with your favorite toppings. | Mozzarella Cheese  Pepperoni  Sausage  Onions | Green Peppers  Black Olives  Mushrooms |

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| **From Our Grill** | |
| Classic Hamburger - Grilled to perfection & served on a soft Kaiser roll with lettuce, tomato & pickle | 3 carbs |
| Cheeseburger - Grilled to perfection & served on a soft Kaiser roll with lettuce, tomato & pickle | 3 carbs |
| Chicken Breast - Grilled to perfection & served on a soft Kaiser roll with lettuce, tomato & pickle | 2 carbs |
| Grilled Cheese or Ham & Cheese - Everybody's favorite. Goes great with a bowl of soup! | 2 carbs |

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| **Homestyle Meals** | |
| Fork-Tender Beef Pot Roast - Lean beef slow-braised in natural juices. No knife needed | 0 carbs |
| Roast Turkey with all the Trimmings - All white meat turkey basted in natural broth & served with dressing, gravy & cranberry sauce | 2.5 carbs |
| Baked Filet of Cod Amandine - Mild-flavored white fish sprinkled with slivered almonds & baked with lemon | 0.5 carbs |
| Grilled Salmon with Lemon Dill Sauce - Alaskan salmon grilled & drizzled with a delicate sauce of lemon & dill | 0.5 carbs |
| Spaghetti with Marinara Sauce - Our flavorful tomato sauce smothering al-dente pasta | 4 carbs |

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| **Side Dishes** |  | Baked Potato Chips | 2 carbs |
| Mashed Potatoes with Chicken or Beef Gravy | 2.5 carbs | Macaroni & Cheese | 2 carbs |
| Baked Potato | 2 carbs | Country-Style Green Beans | 0 carbs |
| French Fries | 2 carbs | Petite Carrots | 0.5 carbs |
| Rice Pilaf | 2 carbs | Steamed Broccoli | 0 carbs |

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| **Desserts** | | | |
| Apple Crisp | 4 carbs | Chilled Fruit Cup | 1 carb |
| Chocolate Brownie | 2 carbs | Diet Gelatin Parfait | 0 carbs |
| Ice Cream (Vanilla or Chocolate) | 1.5 carbs | Cookie | 3 carbs |
| Orange Sherbet | 1.5 carbs | Regular Pudding | 1.5 carbs |
| Fruit Ice | 1.5 carbs | Sugar-Free Pudding | 1 carb |

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| **Beverages** | | | |
| Milk (Whole, 2%, or Skim) | 1 carb | Regular Soft Drinks | 2 carbs |
| Soy Milk | 1 carb | Diet Soft Drinks | 0 carbs |
| Chocolate Milk | 1.5 carbs | Bottled Spring Water | 0 carbs |
| Iced Tea with Lemon Wedge | 0 carbs | Hot Brewed Coffee or Tea (Regular or Decaf) | 0 carbs |
| Herbal Tea | 0 carbs | Hot Chocolate | 1 carb |