PATIENT CHART

Chart for George Palo Simulation #1

Download this tool and attach to chart:

* Brief Evaluation of Executive Dysfunction

<https://hign.org/consultgeri/try-this-series/brief-evaluation-executive-dysfunction-essential-refinement-assessment>

SBAR Report Students Will Receive Before Simulation

**Time:** 1100

**Person providing report:** Retirement community resident nurse

**Situation:** George Palo is a 90-year-old man living independently in our apartments. One of our nurses conducts a weekly blood pressure clinic. Three weeks ago, she found a marked increase in George’s blood pressure. He became annoyed when she asked if he was taking his medications. George has not returned for the past 2 weeks so the nurse contacted his daughter Maggie, who also reported other behavioral and neurocognitive changes. Maggie said she suggested that her dad go to the doctor, but he refused. He did agree to have a nurse come for a visit, so she requested that we find a community health nurse to assess her dad.

**Background:** George has been very healthy and active. He walks daily with his golden retriever, Max, of 13 years. He has hypertension that has been controlled by atenolol (Tenormin) up until now.

**Assessment:** Recent BPs recorded show a systolic running in the 150s and a diastolic running between 90 and 100. He told the nurse he does not take any other medications except for acetaminophen, which he takes prn for aches and pains, and several vitamins.

**Recommendation:** Complete a physical assessment of George and administer the Brief Evaluation of Executive Dysfunction tool. Based on your findings, make some recommendations about his ability to remain independent. Maybe some additional help will allow him to stay in his apartment.

Retirement Community Blood Pressure Tracking Record

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Retirement Community Blood Pressure Tracker** | | | | | | |
| **Blood Pressure Target Goal:** 120/80 | | | | | | |
| **Name:** George Palo | **Sex Assigned at Birth :** Male | | **Age:** 90 | **Height:** 5’11” | **Weight:** 185 lbs | **Apartment #:** 22 |
| **Date:** | | **Time:** | | | **Blood Pressure:** | |
| Week 1 | | 10:00 AM | | | 118/84 | |
| Week 2 | | 10:00 AM | | | 124/82 | |
| Week 3 | | 10:00 AM | | | 124/80 | |
| Week 4 | | 10:00 AM | | | 126/80 | |
| Week 5 | | 10:00 AM | | | 126/84 | |
| Week 6 | | 10:00 AM | | | 126/80 | |
| Week 7 | | 10:00 AM | | | 132/84 | |
| Week 8 | | 10:00 AM | | |  | |
| Week 9 | | 10:00 AM | | | 148/88 | |
| Week 10 | | 10:00 AM | | | 150/90 | |
| Week 11 | | 10:00 AM | | |  | |
| Week 12 | | 10:00 AM | | |  | |
| Week 13 | | 10:00 AM | | |  | |
| Week 14 | | 10:00 AM | | |  | |
| Week 15 | | 10:00 AM | | |  | |
| Week 16 | | 10:00 AM | | |  | |