

## Instructor's Toolkit for Jenny and Eric's Monologue

Jenny's introductory monologues can be used in a number of different ways. Here are a few to consider:

- Large class discussion
- Small group discussion during class or clinical
- Reflective journaling assignment
- Web-based assignment: Listen to the audio and/or read the script then discuss and summarize the group's conclusions.

Here are some questions which might be used to stimulate discussion:

1. What are Jenny's strengths?
2. What are your concerns about Jenny?
3. What is the cause of your concern(s)?
4. What additional information do you need or wish you had?

Some of these questions were adapted from the following publication:

Benner, P., Sutphen, M., Leonard, V., Day, L., & Shulman, L. (2010). Paradigm case: Lisa Day, classroom and clinical instructor. In *Educating nurses: A call for radical transformation* (p. 133). San Francisco: Jossey-Bass.

### Possible answers:

1. Strengths:
  - a. Stable, monogamous, and apparently safe relationship with the biological father of her baby
  - b. College student utilizing support from the GI Bill
  - c. Eligible for services through VA healthcare system
  - d. Articulate and willing to communicate about her concerns
  - e. Recognizes mental health issues and willing to get help
2. Concerns:
  - a. No close female friends
  - b. No diagnosis of problems that may have originated from her service in Iraq; therefore, she is not receiving any treatment at this time
  - c. Eric uses avoidance to deal with Jenny's outbursts and irritability
3. Cause of concern:
  - a. Pregnancy, early parenthood – developmental tasks (adaptation to pregnancy, preparation for childbirth, events of childbirth, psychological separation from fetus, adaptation to motherhood, adjustments to parenthood, changes in partner relationship related to pregnancy, childbirth, parenting)
  - b. Psychological adaptation to combat experience; probable PTSD
  - c. Fetus found to have cleft lip/palate

4. Other information that could be useful:
  - a. Do Jenny and Eric's parents live nearby? Are they supportive?
  - b. Details about infant's future health status: potential effect of cleft lip and palate on cognitive and social development, speech, hearing, dental health needs, etc.
  - c. PTSD is associated with substance misuse and abuse; it is unclear whether this might be true for Jenny
  - d. Resources that may be available to Jenny through the VA and other community services (for mental health care, social support, pregnancy and parenting support, etc.)

Other ideas:

Have students listen to the monologues and respond to a set of questions before coming to class.

We encourage you to be creative and add to the monologues or create new monologues that match the content in your curriculum. You might consider expanding the case until you have monologues and simulation scenarios that can be used throughout the entire curriculum.