PATIENT CHART

Chart for Mary Lou Brady - Simulation #1

SBAR Report Students Will Receive Before Simulation

**Time:** Start of AM shift

**Person providing report:** Nurse ending shift

**Situation:** Mary Lou Brady is a 20-year-old woman who was admitted to the hospital following a right**-**sided stroke.

**Background:** Mary Lou’s husband arrived home from work and found her on the floor. She was rushed to the Emergency Department, hospitalized for 4 days, and was transferred to the acute care rehabilitation center 4 days ago. She had no previous medical problems. The patient had been taking an oral contraceptive, which has been linked to strokes.

**Assessment:** Mary Lou is unable to move her left arm and leg and has no fine motor movement. She is unable to stand without assistance. She is showing some signs of physical recovery and has progressed to being able to sit up in a chair unassisted. She is right handed, so she can reach for things and manage some personal care, but needs assistance to turn, get in and out of bed, use the commode, and with activities of daily living. Physical therapy reports that she can bear some weight on her left leg and is learning to ambulate with assistance. She is on falls precautions because her Hendrich Falls scale score remains at 4, since she is unable to get up without assistance.

She is able to speak clearly and demonstrates no cognitive impairment. She is alert and oriented to time, place, and person and pupils are equal and reactive to light. Her vital signs have been stable since admission to the unit. This morning her temp was 98.6, pulse was 86, respirations 16, lungs clear, blood pressure 120/80. She has +3 radial and pedal pulses. She is using the incentive spirometer. She is on a soft diet and had a bowel movement yesterday. Her skin is intact with no evidence of breakdown. She says she is not experiencing any pain.

Her husband and family members visit daily and have been supportive, but Mary Lou is experiencing grief associated with loss of her bodily function, and she is finding it difficult to get up and go to PT and OT each day.

**Recommendation:** Complete a focused neurological assessment using the hospital tool in the chart and a psychosocial assessment. Her morning care is complete, so prepare her to go to physical and occupational therapy and provide opportunities for herto talk about her concerns.

|  |  |
| --- | --- |
| **Patient Name:** Mary Lou Brady | **MRN:** 000-000-000 |
| **Room:** 213 | **Provider Name:** Balwan Nehru |
| **DOB:** 01-05-YYYY (reflect age 20) | **Date Admitted: xx/xx/xx** |
| **Age:** 20 | **Allergies:** no known allergies |

Provider Orders

**Allergies/Sensitivities:** None

|  |  |
| --- | --- |
| **Date/Time:** |  |
| Day 1 | **Activity:** Out of bed to chair with assistance |
|  | **Diet:** Regular |
|  | **Vital signs:** Daily |
|  | **Medications:** |
|  | Docusate sodium 100 mg PO daily at 0900 for constipation |
|  | Ibuprofen up to 400 mg. PO q 6 hours PRN pain, fever or discomfort |
|  | Bisacodyl 1 or 2 pills as needed for constipation |
|  | Calcium Carbonate 1 or 2 tablets as needed for upset stomach |
|  | ASA 160 mg daily |
|  | **Physical Therapy:** Consult with physical therapist to plan for advancing physical strength and conditioning. 3 Hours of Advancing PT daily as advised by physical therapist. |
|  | **Occupational Therapy:** Consult with OT for enhancement to perform ADLs. 3 Hours of Advancing OT daily as advised by occupational therapist. |
|  | Balwan Nehru, MD |

Progress Notes

|  |  |
| --- | --- |
| **Date/Time:** |  |
| Day 1 | Transfer to acute care rehabilitation center from hospital. Balwan Nehru, MD |
|  |  |
| Day 2 | Mary Lou is beginning to show signs of physical recovery. She was able to sit up in a chair without assistance during my visit with her today. She was A & O x3, PEERL, and was able to speak clearly with no cognitive impairment. She has left upper and lower extremity weakness and no fine motor movement. She is still unable to move her left arm or leg but her left leg can bear some weight. She is making progress in PT. Balwan Nehru, MD |
|  |  |

Nursing Notes

|  |  |
| --- | --- |
| **Date/Time:** |  |
| Day 1  1300 | Admitted to acute care rehabilitation center from hospital. See MD orders and flow sheet. F. Smith, RN |
| Day 2  1930 | Mary Lou is doing well today. She was able to get out of bed to the chair today with assistance. She also tolerated PT and OT very well. Hendrich II Fall risk remains at 4 because Mary Lou is unable to get up on her own. However, she is making progress. Mary Lou has been eating mostly liquids and soft foods today and has been urinating on the commode. Her last BM was yesterday. Her husband and parents came to visit tonight and were very supportive. F. Smith, RN |
| Day 3  0830 | Mary Lou stated that she had a good night sleep last night. She has no pain this morning and her skin is intact. AM care was completed this morning. Mary Lou has a sad affect this morning and expressed feelings of grief regarding the loss of bodily function. She also expressed that she is finding it very difficult to get herself up to go to PT each day.  B. Miller, RN |

Vital Signs Record

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date:** | **Day 1** | **Day 2** | **Day 3** | **Day 4** |
| **Time:** | 0700 | 0700 | 0700 | 0700 |
| **Temperature:** | 98.8 | 98.6 | 98.4 | 98.6 |
| **Heart Rate/Pulse:** | 86 | 88 | 86 | 88 |
| **Respirations:** | 16 | 16 | 16 | 16 |
| **BP:** | 120/80 | 122/82 | 119/79 | 120/80 |
| **O2  Saturation:** | 98% | 99% | 99% | 98% |
| **Weight:** |  |  |  |  |
|  |  |  |  |  |
| **Nurse Initials:** | FS | FS | BM | BM |

Lab Data

|  |  |  |
| --- | --- | --- |
| **Complete Blood Count** | **Result** | **Reference Range** |
| WBC (White Blood Count) | 9.7 | 6.0-11.0 K/uL |
| RBC (Red Blood Count) | 4.5 | 4.5-5.9 M/uL |
| HGB (Hemoglobin) | 12.0 | 12.0-15.6 g/dL (F)  13.0-18.0 g/dL (M) |
| HCT (Hematocrit) | 38 | 36-46 % (F)  40-52 % (M) |
| PLT (Platelets) | 325 | 150-450 K/uL |

|  |  |  |
| --- | --- | --- |
| **Prothrombin Time and INR**  (international normalized ratio) | **Result** | **Reference Range** |
| **PT** | 11 sec | 11-13.5 sec |
| **INR** | 1.0 | .9-1.2 |

|  |  |  |
| --- | --- | --- |
| **Urinalysis** | **Result** | **Reference Range** |
| **Urine Specimen Type:** Clean catch |  | |
| Color | Dark yellow | Yellow- dark yellow |
| Appearance | Clear | Clear |
| Specific gravity | 1.017 | 1.016-1.022  Higher values- may indicate dehydration |
| Bacteria | Absent | Absent |
| WBC | Trace | Negative- trace |
| RBC | Negative | Negative- trace |
| pH | 5.2 | 5-6 |
| Ketones | Negative | Negative |
| Protein | Negative | Negative |
| Glucose | Negative | 0-15 mg/dl |

Medication Administration Record

Scheduled & Routine Drugs

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Date of Order:** | **Medication:** | **Dosage:** | **Route:** | **Frequency:** | **Hours to be Given:** | **Dates Given:** | **Initials** |
| Xx/xx/xx | Docusate sodium | 100 mg | PO | Daily | 0900 | Day 1  Day 2  Day 3  Day 4 | FS  FS  BM |
| Xx/xx/xx | Aspirin | 160 mg | PO | Daily | 0900 | Day 1  Day 2  Day 3  Day 4 | FS  FS  BM |

PRN Medications

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Date of Order:** | **Medication:** | **Dosage:** | **Route:** | **Frequency:** | **Date/Time Given:** | |
| Day 1 | Ibuprofen | Up to 400mg | PO | Q6 hours PRN for pain, fever discomfort | **Date:**  **Site:**  **Time**  **Initials:** |  |
| Day 1 | [Bisacodyl](http://www.webmd.com/drugs/2/drug-12263/bisacodyl+oral/details) | 1 or 2 | PO | Daily as needed for constipation. Take with glass of water | **Date:**  **Site:**  **Time**  **Initials:** |  |
| Day 1 | Calcium Carbonate | 1 or 2 tabs | PO | PRN, Max 15 tabs/24 hrs | **Date:**  **Site:**  **Time**  **Initials:** |  |

Nurse Signatures

|  |  |  |  |
| --- | --- | --- | --- |
| **Initial** | **Nurse Signature** | **Initial** | **Nurse Signature** |
| FS | Frances Smith, RN |  |  |
| BM | Brad Miller, RN |  |  |

Medication Reconciliation Form

(Transfer from Inpatient Unit to Rehabilitation Unit)

**Source of medication list (i.e., patient, family member, primary care provider):** Mary Lou Brady

**HOME MEDICATIONS ON ADMISSION TO HOSPITAL**

**Allergies:** no known allergies

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Medication Name** | **Dose** | **Route** | **Frequency** | **Reason** | **Last Dose** | **Continue/DC** |
| [Drospirenone/ ethinyl estradiol](https://www.drugs.com/cdi/drospirenone-ethinyl-estradiol.html) | 1 | PO | Daily | Birth control | On day of admission | C  DC |

**ADDITIONAL MEDICATIONS ORDERED ON ADMISSION TO HOSPITAL**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Medication Name** | **Dose** | **Route** | **Frequency** | **Reason** | **Last Dose** | **Continue/ DC** |
| Docusate sodium | 100 mg | PO | Daily | To prevent constipation | Today | C  DC |
| Ibuprofen | Up to 400mg | PO | Q6 hours PRN for pain, fever discomfort | For pain, fever or discomfort | On day 2 of hospitalization for discomfort | C  DC |
| [Bisacodyl](http://www.webmd.com/drugs/2/drug-12263/bisacodyl+oral/details) | 1 or 2 | PO | Daily as needed for constipation Take with glass of water | To treat constipation | None | C  DC |
| Calcium Carbonate | 1 or 2 tabs | PO | PRN, Max 15 tabs/24 hrs | For indigestion | None | C DC |
| Aspirin | 160 mg | PO | Daily | For clot prevention | Today | C DC |

Provider Signatures

|  |  |  |
| --- | --- | --- |
| **Date/Time** | **Initial** | **Provider Signature** |
| Transfer from inpatient care 930 | BN | Balwan Nehru, MD |

Nurse Signatures

|  |  |  |
| --- | --- | --- |
| **Date/Time** | **Initial** | **Nurse Signature** |
| Admission to Rehab unit 1015 | FS | F. Smith, RN |

|  |  |
| --- | --- |
| **Reviewed upon transfer to Rehabilitation:** F. Smith, RN | **Date:** Transfer Date Hospital Day # 5 |
| **Scan to Pharmacy Time:** 1300 | **Date:** Rehabilitation Day # 1 |

Abbreviated Neurological Assessment Flow Sheet

(Adapted from NIH Stroke Scale)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Patient Name:** Mary Lou Brady | **Diagnosis:** Right Sided Stroke | **Day/**  **Time** | **Day/**  **Time** | **Day/**  **Time** | **Day/**  **Time** | **Day/**  **Time** |
| **Day/Time** | | Day 1/ 0830 | Day 2  0900 | Day 3  0830 | Day 4 | Day 5 |
| **Signature** | | FS | FS | BM |  |  |
| Level of Consciousness | | | | | |  |
| Alert/ keenly responsive | | √ | √ | √ |  |  |
| Not alert, but arousable by minor stimulation to obey, answer, or respond | |  |  |  |  |  |
| Not alert; requires repeated stimulation to attend/obtunded | |  |  |  |  |  |
| Responds only with reflex motor or autonomic effects, or totally unresponsive | |  |  |  |  |  |
| What month is it? How old are you? | | | | | |  |
| Answers both questions correctly | | √ | √ | √ |  |  |
| Answers one question correctly | |  |  |  |  |  |
| Answers neither question correctly | |  |  |  |  |  |
| Person/ Time/ Place/ Situation | | | | | |  |
| Answers person correctly | | √ | √ | √ |  |  |
| Answers place correctly | | √ | √ | √ |  |  |
| Answers time correctly | | √ | √ | √ |  |  |
| Answers situation correctly | | √ | √ | √ |  |  |
| Motor Function | | | | | |  |
| Scale: 4 = Normal power 3 = Mild weakness 2 = Severe weakness 1 = No response | | | | | |  |
| Left Hand Grip strength | | 1 | 1 | 1 |  |  |
| Right Hand Grip strength | | 4 | 4 | 4 |  |  |
| **Directions:** Ask patient to push arm up while you press down ↓ | | | | | |  |
| Left Arm resistance to pressure | | 1 | 1 | 1 |  |  |
| Right Arm resistance to pressure | | 4 | 4 | 4 |  |  |
| **Directions:** Ask patient to lift leg while you press down on thigh ↓ | | | | | |  |
| Left Leg resistance to pressure | | 1 | 1 | 1 |  |  |
| Right Leg resistance to pressure | | 4 | 4 | 4 |  |  |