PATIENT CHART

Peggy Nelson Simulation #3

This simulation is somewhat different than those you may have experienced in the past. While you will be caring for both the patient and the caregiver, the focus of the simulation is the caregiver.

Download this tool and attach to chart:

* The Modified Caregiver Strain Index (MCSI)

<https://hign.org/sites/default/files/2020-06/Try_This_General_Assessment_14.pdf>

SBAR Report Students Will Receive Before Simulation

**Time:** 1500

**Person providing report:** Nurse from primary care physician’s office

**Situation:** Peggy Nelson had an open reduction and internal fixation of a left hip fracture 6 months. She spent a week in acute care, then a week in a rehabilitation facility before being discharged to her home. Her daughter Bridget, who is her primary caregiver brought her in to our office this morning, concerned about the increasing falls and behavioral changes.

**Background:** Peggy has fallen at least once a week at home; so far she has not sustained any serious injuries. Recently she became increasing combative and uncooperative and her daughter Bridget has become very concerned since this is uncharacteristic for her mother. Bridget originally set-up a caregiving network with members of the church but this help has been unreliable and is decreasing due to Peggy’s change in behavior. Bridget is performing most of her mother’s care now including meal preparation, medication administration, bathing, and incontinence care. At the office visit this morning, Bridget stated that she was “at the end of her rope” and “needed a break from this.” Bridget has a full-time job and has taken vacation time to attend to her mother. Bridget also revealed that she has become increasingly depressed, resulting in a need for an increase in her dose of antidepressants.

**Assessment:** Mrs. Nelson’s dementia has clearly advanced. Her daughter Bridget is under a lot of strain and feeling very conflicted because she promised her mother she would never put her in a nursing home. We need to assess if Bridget is capable of handling her care and if Mrs. Nelson can continue to live safely at home.

**Recommendation:** Please conduct a home visit and assess the situation. Explore options for ongoing care at home versus transition to a nursing home. Bridget also told me there are money concerns as she is not sure how long her mother’s money will last for long-term care. Dr. Becker suggests you use the Modified Caregiver Strain Index. Please report back to us after your evaluation.

Provider Orders

**Allergies/Sensitivities:** grass, tree pollen, and pet dander

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| --- | --- |
| **Date/Time:** |  |
| xx/xx/xxxx@ 1500 | **Referral from PCP to Homecare Agency**Evaluate caregiver strain and home situation for possible admission to Memory Care Unit. Gladys Becker, MD |

**HOME HEALTH AGENCY PLAN OF CARE**

123 Main Street, Small Town, USA 12345

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| --- | --- |
| **Patient Name:** Peggy Nelson | **Provider:** Gladys Becker, MD |
| **DOB:** 7/12/YYYY **Age:** 83 | **Provider Address:** 123 Hudson St. Smalltown, USA |
| **Address:** | **Provider Phone:** 456-555-1212 |
| **Phone**: |  |

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| **Principal Diagnosis:** Left hip fracture  |
| **Surgical Procedure:** ORIF 6 months ago |
| **Other Pertinent Diagnoses:** Dementia |
| **Durable Medical Equipment & Supplies:**  **Safety Measures:** |
| **Nutritional Requirements: Allergies:** |
| **Functional Limitations** ☐Amputation ☐ Paralysis ☐ Legally blind ☐ Bowel/bladder ☐ Endurance ☐ Dyspnea on exertion [x]  Incontinence ☐ Ambulation ☐ Contracture ☐ Speech [x]  Hearing ☐ Other  |
| **Activities Permitted:**☐ Complete bedrest ☐BR/BRP ☐ Bed to chair [x] Up as tolerated **Assistive Devices**[x]  Walker ☐ Cane ☐ Crutches ☐ Wheelchair  |
| **Mental Status:** ☐ Oriented ☐ Forgetful [x]  Disoriented ☐ Agitated ☐ Comatose ☐ Depressed ☐ Lethargic |
| **Prognosis:** ☐ Poor ☐ Guarded ☐ Fair ☐Good ☐ Excellent |
| **Orders for Discipline and Treatments (Specify Amount, Frequency, Duration)** |
| **Goals / Rehab Potential / Discharge Plan:** |
| **Nurse’s Signature:**  |