PATIENT CHART

Chart Phil Gardner Simulation #3

SBAR Report Students Will Receive Before Simulation

**Time:** 1000

**Person providing report:** RN who normally runs BP clinic giving report to new RNs

**Situation:** Mr. Gardner is a 75-year-old man with borderline BP of 134/82 at last screening.

**Background:** Mr. Gardner has had some personal stress in the past month. He was the caregiver for his wife who had dementia and some physical challenges. He had hired a home care assistant for some respite care and he was out bowling with his friends when his wife had an MI and died. He’s been having some difficulty adjusting to his new circumstances.

**Assessment:** Borderline hypertension. Grieving recent loss of spouse and personal stressors

**Recommendation:** Assess blood pressure. Assess Mr. Gardner’s current emotional status and potential need for support.

Blood Pressure Clinic

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| **Date/Location** | **BP** | **Follow-up** | **Nurse** |
| 1 month ago/  Lakeside Retirement Living | 140/88 left arm sitting  134/82 right arm sitting | Return in one month. Suggest checking BP at drugstore weekly and recording if possible | James Lulier, RN |
| 2 months ago/  Lakeside Retirement Living | 128/80 | Return in one month | James Lulier, RN |