PATIENT CHART

Zachary Alexander Miller - Simulation #3

SBAR Report Students Will Receive Before Simulation

**Time:**0900

**Person providing report:** Home care coordinator

**Situation:**  Alex is a 15-year-old, who was discharged from the hospital five days ago after being in a pedestrian-vehicle accident. Alex has a cast to the right wrist and requires daily dressing changes to a wound on their right lower torso.

**Background:**Alex is a quiet non-binary adolescent who lives with their parents and two younger siblings. Alex’s family is very supportive of their choices and has been concerned about Alex’s health during their past hospitalization.

Alex was struck by a car while riding their bike home from a friend’s house. Alex sustained a wound to the right torso, a fractured right wrist and a few cuts and bruises on the right side of the body. Alex did not suffer a head injury. Alex requires wound care three times a week. You have been Alex’s home care nurse for the last two visits and have developed a good relationship with Alex. You have been able to create an affirming environment, so Alex feels safe with you. Alex’s Mom has been present at the last two visits but told you during the last visit that she wouldn’t be able to come today.

**Assessment:** Alex’s torso wound is healing well. Alex’s cast was intact at the last visit and Alex voiced no concerns about their right wrist. Alex’s bruises and scratches are healing well, and Alex’s vital signs have been stable.

**Recommendation:**Complete a head-to-toe assessment. Focus on pain management, wound assessment, and general wellbeing.

Provider Orders

**Allergies/Sensitivities: NKA**

|  |  |
| --- | --- |
| **Date/Time:** |  |
|  | Wound care 3 times per week  Cleanse and irrigate wound with normal saline  Measure wound  Apply sterilized gauze packing  Dress with mepore dressing |
|  |  |

Nursing Notes

|  |  |
| --- | --- |
| **Date/Time:** |  |
| Visit 1 | Alex stated that there was some itching under the cast. Reinforced that this is normal. Reminded them not to stick anything down into the cast to scratch with. Alex noted that the acetaminophen and ibuprofen helped with pain. Alex seemed quite quiet today and didn’t really want to talk about school. Alex stated that the bruising and cuts from the accident are getting better. Alex’s Mom stated that she has no concerns.  Chloe Wiebe, RN |
| Visit 2 | Alex’s pain is still managed with over-the-counter pain medication. Alex’s Mom stated that Alex doesn’t need it quite so often and that Alex is now sleeping through the night with no pain medication. Alex really hasn’t talked much about school. Alex’s Mom stated that she has no concerns, but that she won’t be at the next home visit. Chloe Wiebe, RN |
| Visit 3 |  |

Vital Signs Record

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Date:** | **Visit 1** | **Visit 2** | **Visit 3** |  |  |  |
| **Time:** | 0900 | 1400 |  |  |  |  |
| **Temperature:** | 98.8  (37.1) | 98  (36.7) |  |  |  |  |
| **Heart Rate/Pulse:** | 70 | 68 |  |  |  |  |
| **Respirations:** | 18 | 16 |  |  |  |  |
| **Blood Pressure** | 115/65 | 112/65 |  |  |  |  |
| **O2  Saturation:** | 99% | 99% |  |  |  |  |
|  |  |  |  |  |  |  |
| **Nurse Initials:** | CW | CW |  |  |  |  |

Wound Care Flow Sheet

|  |  |  |
| --- | --- | --- |
| **Patient Name:** Alex Miller  **Age:** 15 years  **Wound Size:** 4 inches long and 2 inches wide  **Location:** right torso | | |
| |  |  |  | | --- | --- | --- | | **Quantity** | **Type/Color** | **Odor** | | Scant | Clear | Present | | Small | Blood Tinged | Absent | | Moderate | Yellow | Foul | | Large | Tan |  | | Copious | Purulent |  | |  | Green |  | |  | Gray |  |   **Exudate:** | | **Wound Bed:**   |  |  | | --- | --- | | **Color** | **Tissue** | | Red | Bloody | | Pink | Pale | | White | Sloughing | | Gray | Necrotic | | Black | Eschar | | Tan | Granular | | Brown | Weeping | |  | Healthy | |
| **Wound Margins:**   |  | | --- | | Edematous | | Calloused | | Macerated | | Clean | | Intact | | Jagged | | **Surrounding Tissue:**   |  | | --- | | Pink | | White | | Red | | Pale | | Warm | | Cool | | Blanched | | Shiny | | Edematous | | **Undermining:** NONE  **Tunneling:** NONE   |  |  | | --- | --- | | **Pain:** | **Scale (1-10):** | | yes | \_\_\_\_\_4\_\_\_\_\_\_ | | no |  |   Using over the counter acetaminophen 500 mg 5 times/day and Ibuprofen 400mg 4 times/day |
| **Treatment:** Wound care completed as per physician orders | | |
| |  |  | | --- | --- | | **Completed by:** C. Wiebe, RN | **Date**: Homecare Visit 1 | | | |

Wound Care Flow Sheet

|  |  |  |
| --- | --- | --- |
| **Patient Name:** Alex Miller  **Age:** 15 years  **Wound Size:** 4 inches long and 2 inches wide  **Location:** right torso | | |
| |  |  |  | | --- | --- | --- | | **Quantity** | **Type/Color** | **Odor** | | Scant | Clear | Present | | Small | Blood Tinged | Absent | | Moderate | Yellow | Foul | | Large | Tan |  | | Copious | Purulent |  | |  | Green |  | |  | Gray |  |   **Exudate:** | | **Wound Bed:**   |  |  | | --- | --- | | **Color** | **Tissue** | | Red | Bloody | | Pink | Pale | | White | Sloughing | | Gray | Necrotic | | Black | Eschar | | Tan | Granular | | Brown | Weeping | |  | Healthy | |
| **Wound Margins:**   |  | | --- | | Edematous | | Calloused | | Macerated | | Clean | | Intact | | Jagged | | **Surrounding Tissue:**   |  | | --- | | Pink | | White | | Red | | Pale | | Warm | | Cool | | Blanched | | Shiny | | Edematous | | **Undermining:** NONE  **Tunneling:** NONE   |  |  | | --- | --- | | **Pain:** | **Scale (1-10):** | | yes | \_\_\_\_\_3-4\_\_\_\_\_\_ | | no |  | |
| **Treatment:** Wound care completed as per physician orders | | |
| |  |  | | --- | --- | | **Completed by:** C. Wiebe, RN | **Date**: Homecare Visit 2 | | | |

Wound Care Flow Sheet

|  |  |  |
| --- | --- | --- |
| **Patient Name:**  **Age:**  **Wound Size:**  **Location:** | | |
| |  |  |  | | --- | --- | --- | | **Quantity** | **Type/Color** | **Odor** | | Scant | Clear | Present | | Small | Blood Tinged | Absent | | Moderate | Yellow | Foul | | Large | Tan |  | | Copious | Purulent |  | |  | Green |  | |  | Gray |  |   **Exudate:** | | **Wound Bed:**   |  |  | | --- | --- | | **Color** | **Tissue** | | Red | Bloody | | Pink | Pale | | White | Sloughing | | Gray | Necrotic | | Black | Eschar | | Tan | Granular | | Brown | Weeping | |  | Healthy | |
| **Wound Margins:**   |  | | --- | | Edematous | | Calloused | | Macerated | | Clean | | Intact | | Jagged | | **Surrounding Tissue:**   |  | | --- | | Pink | | White | | Red | | Pale | | Warm | | Cool | | Blanched | | Shiny | | Edematous | | **Undermining:**  **Tunneling:**   |  |  | | --- | --- | | **Pain:** | **Scale (1-10):** | | yes | \_\_\_\_\_\_\_\_\_\_\_ | | no |  | |
| **Treatment:** | | |
| |  |  | | --- | --- | | **Completed by:** | **Date**: Homecare Visit 3 | | | |