

Instructor's Toolkit for Zachary Alexander Miller's Monologue

Zach's monologue can be used in a variety of ways. Here are a few to consider:

- large class discussion
- small group discussion during class or clinical
- reflective journaling assignment
- web-based assignment: listen to the audio or read the script, then discuss and summarize the group's conclusions.

Here are some questions that might be used to stimulate discussion.

1. What are Zach's strengths?
2. What are your concerns for Zach?
3. What is the cause of your concern?
4. What additional information do you need or wish you had?

These questions were adapted from the following publication: Benner, P., Sutphen, M., Leonard, V., Day, L., & Shulman, L. (2010). Paradigm case: Lisa Day, classroom and clinical instructor. In *Educating nurses: A call for radical transformation* (p. 133). San Francisco: Jossey-Bass.

Possible answers to questions:

1. What are Zach's strengths?
 - Zach is seeking answers to his questions and is going to a reliable source
 - Zach has a strong family support system
2. What are your concerns for Zach?
 - Zack's fear of being different
 - Potential lack of family support for Zach
 - Potential bullying at school
3. What is the cause of your concern?
 - Zach doesn't want anyone to know that he is seeking help for his feelings. This might make it challenging to give him all of the information he needs.
 - Zach discusses his mother's desire for her children to live that is similar to the life that she has lived.
 - Zach mentions that the kids at school tease him because he likes make-up and is into fashion

4. What additional information do you need or wish you had?
 - What other sources of information has Zach accessed to help him answer his questions?
 - What is Zach's school life like? Does he have friends?
 - What coping mechanisms is Zach currently using to deal with feeling different than others.

Other ideas:

- Create a monologue for Zach's parents and/or siblings. In the monologue, the family might discuss the support they would like to provide to Zach, but the challenges they face due to their lack of understanding. Students could then be asked to consider resources they would provide to Zach's family.

We encourage you to be creative and add to the monologue or create new monologues that match the content in your curriculum. You might consider expanding the case until you have monologues and simulation scenarios that can be used throughout the entire curriculum.